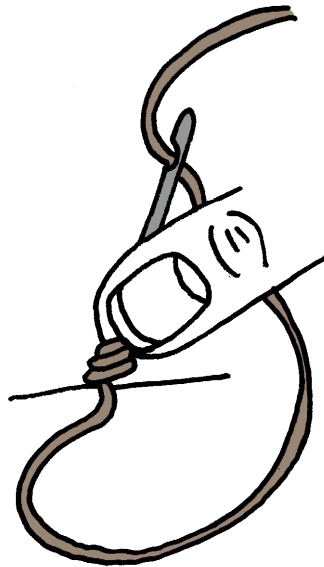
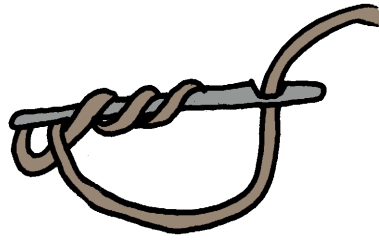


French Knot

A perfect stitch for dots, or to add interest to lettering, as in my alphabet on page 78.



Bring the needle through from the back of the fabric, and wrap the thread around the needle two or three times. Push the needle back into the fabric very close to where it originally came out, but not through exactly the same hole or your knot will not happen!

Gently pull up the thread that is twisted around the needle before pushing the needle back through the fabric. Place your fingernail over the twist of thread as you pull the needle through. You can make the French knot larger or smaller by wrapping the thread around the needle more or fewer times.