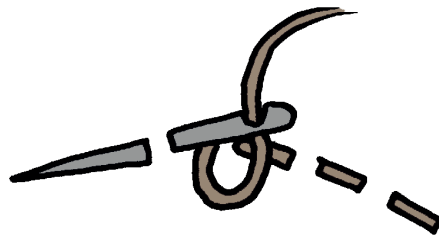


Running Stitch

Like the name suggests, you just run the needle in and out of the fabric to make a simple line of stitches. You can use a running stitch for gathering fabric, as you will need to do when assembling the hoopies.



You can make your line of stitches straight or curved, or even a circle if needed. Work from right to left, bringing your needle up through the fabric to make a stitch, and then bringing the needle down through the fabric again. Repeat, making sure the stitches and the spaces between them are the same size. If you are left-handed follow these instructions but just work from left to right. If you are working this as a gathering stitch, make your stitches and the gaps between them a little longer.